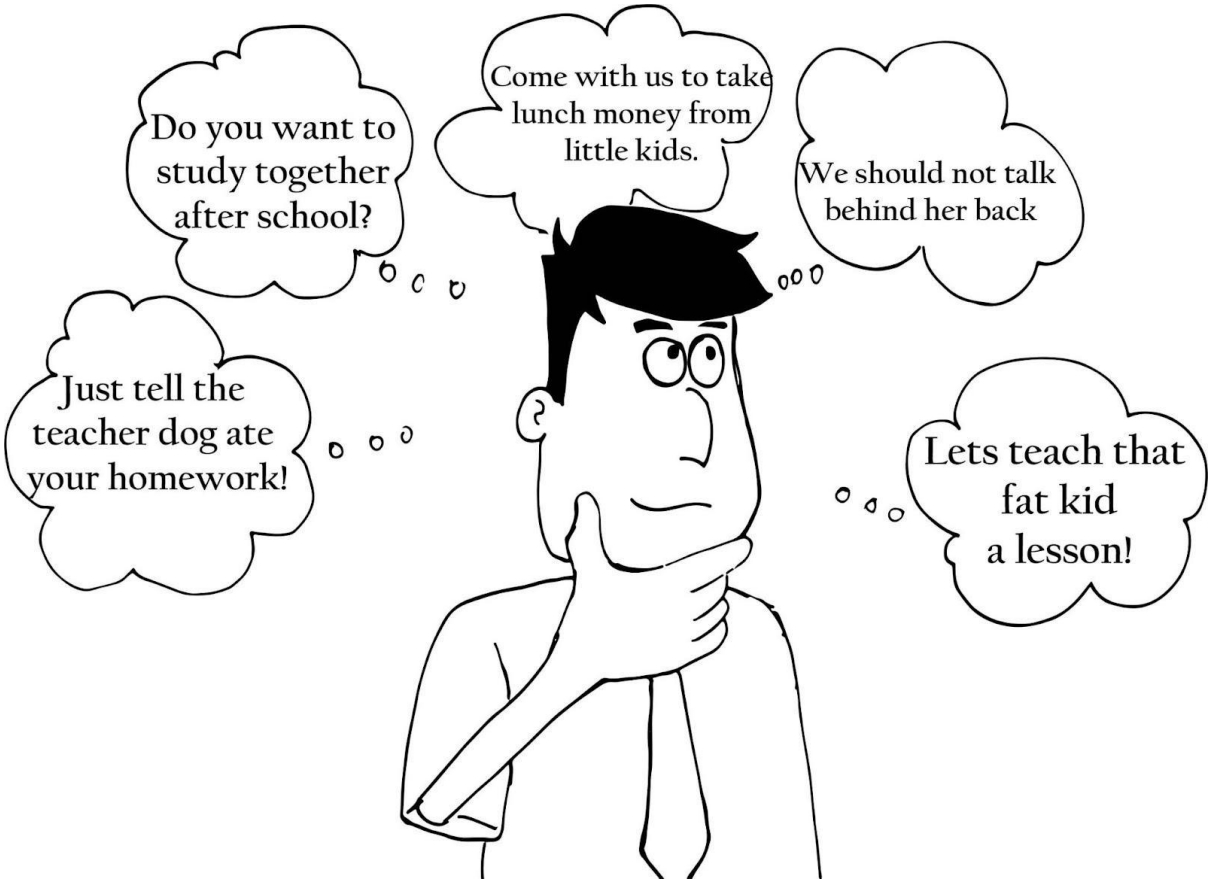
happier therapy

# Peer pressure therapy worksheet




**How will you respond to negative peer pressure?**

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## References

Cao, Yifei & Huang, Ting. (2020). The Effect of Positive and Negative Explicit Peer Influence on Adolescent Risky Decision-Making. https://doi.10.31234/osf.io/dh9s3.

Dhull, Poonam & Beniwal, Rajesh. (2017). Dealing with Peer Pressure.

Haddad ADM, Harrison F, Norman T and Lau JYF (2014).Adolescent and adult risk-taking in virtual social contexts. Front. Psychol. 5: 1476

You can download more Mental Health worksheets here.

**Please note**: There may be a more up-to-date and editable version of this worksheet available here which may be more suitable to present to clients if you are a therapist or to use in a classroom as a teacher or guidance counsellor.